

CRISIS LINES AND HOTLINES

A list of resources designed to help you find help and support when you are experiencing a crisis situation.

GEORGIA CRISIS AND ACCESS LINE (GCAL)

Call **1-800-715-4225** or use **My GCAL App**

- Provides immediate access to routine or crisis services
- Available 24/7, 365 days a year
- English and Spanish services, including:
 - Crisis intervention services, mobile crisis team dispatch, connect individuals to crisis or detox beds, link individuals to urgent appointment services and to a state-funded providers for non-emergency situations

NATIONAL SUICIDE PREVENTION LIFELINE

Call **1-800-273-8255**

- Available 24/7
- Provides free and confidential support for people in distress, aims to prevent suicide and deescalate crisis situations
- Provides connection to resources and professionals

CRISIS TEXT LINE

Text "**GA**" to **741-741** for immediate text-based services and connection to local and state crisis resources

NATIONAL YOUTH CRISIS HOTLINE

Call **1-800-442-4673**

ALCOHOL AND DRUG ABUSE HOTLINE

Call **1-800-729-6686**